

Arnold -Breakfast and Lunch Menus

October 2018



Breakfast includes: Orange Juice, Milk, Water, Yogurt, Fruit and Cheese Stick everyday.

Breakfast: K-12 \$1.40
 Adults: \$1.65
Grab and Go: \$0.35-0.55
Lunch: K-6 \$2.50, 7-12 \$2.75, Adults \$3.75
Ala Carte Choices by Students: \$0.60-\$2.10



Lunch includes: Vegetable, Fruit, Salad Bar, Water and Milk everyday.

Menu Is Subject To Change ** "USDA is an equal opportunity provider and employer."

Monday	Tuesday	Wednesday	Thursday	Friday
1 B: Cereal, Toast L: Chicken Patty on a Bun, Baked Beans	2 B: Pancakes, Sausage L: Breaded Pork Patty, Mashed Potatoes, T-Roll	3 B: Breakfast Pizza L: Chicken-Fried Rice, T-Roll	4 B: Egg and Cheese Omlet, Toast L: Pizza Pocket	5 B: Long John L: Sloppy Joe on a Bun, Sweet Potato Puffs
8 B: Cereal, Toast L: Ham and Cheese on a Bun, Tri Tater	9 B: French Toast L: Beef and Noodles, Mashed Potatoes, T-Roll	10 B: Egg and Cheese Sandwich L: Stromboli	11 B: Combo Bar, Toast L: Goulash, T-Roll	12 B: Bagel L: Chicken Chrispitos
15 B: Cereal, Toast L: Burrito, Refried Beans	16 B: Waffles, Sausage L: Soup, Bosco Stick	17 B: Oatmeal, Toast L: Chicken Nuggets, Mac and Cheese	18 B: Breakfast Taco L: Spaghetti, Bread Sticks	19 B: Donut, String Cheese L: Pizza Quesadilla
22 B: Cereal, Toast L: Hot Dog on a Bun, Baked Beans	23 B: Pancake on a Stick L: Creamed Chicken on a Biscuit, Jello	24 B: Biscuits and Gravy L: Taco, Refried Beans	25 B: Poptart L: Pizza	26 B: French Toast L: Fish Sticks, Oven French Fries
29 B: Cereal, Toast L: Corndog, Baked Beans	30 B: Breakfast Boat L: Chicken Strips, Mashed Potatoes and Gravy, T-Roll	31 B: Combo Bar L: Salisbury Beef, T-Roll, Mashed potatoes		